

# **European Nursing Module ENM**

**Student Exchange Program** 



## **European Nursing Module**

The European Nursing Module (ENM) Network was founded in 1994 by a group of educational institutions around Europe. The Network offers basic nurse education programmes leading to the right to practice nursing in their specific country. The principle behind the Network was to develop a Module, agreed and accepted by all member institutions that could be accessed by student nurses studying within those programmes. Students would have the opportunity, within that Module, for an exchange with another member institution, allowing experience of a health care system within another European country and of the social and cultural nursing issues within that country.

The Institute of Nursing was accepted into the ENM Network in June 2014.

#### The broad aims of the Module

- To develop the students' understanding of the concept of culture.
- To develop the students' understanding of European and professional cultural issues which will promote and enhance health care by individuals practising in a range of settings.
- To enable students to recognise the international dimension of professional nursing knowledge and health care.
- To develop the students' awareness, understanding and acceptance of cultural differences
- To develop the students' awareness of, and respect for, clients' individual cultures.
- To develop the students' understanding of the influence of historical, philosophical, ethical, economic, political and professional

- factors on their own and others' professional cultures.
- To develop the students' awareness of professional culture and role, and an increasing awareness of their own cultural identity.

#### **Outcomes of the Module**

- The student will have developed her/his awareness of the influence of culture on health, welfare and professional nursing.
- The student will value the sharing of multicultural knowledge and experience.
- The student will demonstrate an awareness and tolerance of other cultures.
- The student will reflect on her/his values and attitudes relating to nursing and health care.
- The student will share her/his learning experiences with colleagues.
- The student will gain understanding of, and empathy for, the experience of "being a stranger".
- The student will develop her/his understanding of how nursing cultures define nursing and the nurses' role.

Excerpt out of ENM Handbook 2014

#### **Methods and Learning Evidence**

The theoretical setting contains discussions, lectures, experiential learning exercises and reflexion. Clinical practice visits will be in the fields of general acute, pediatric and geriatric nursing.

#### **Audience and level**

Target group: Bachelor of Nursing Students in the second half of their program. The Module is held in English. (Recommended Level B2)

## **Student Exchange 2015**

#### **Incomings to ZHAW**

#### **Duration and Dates 2015**

The Module takes place from Monday 2 to Friday 13 March 2015.

Contact hours: 7 hours each day between 09:15 and 17:00.

Program schedule see website

#### Lecturer

Susan Schärli, Coordinator International Relations and guest lecturers from the Netherlands and Japan

#### **Fee and Costs**

Lectures and Practical Instruction: free of charge. Course scripts are distributed electronically. Participants will have to cover expenses for travel, meals and accommodation.

#### Approximate student expenses

Accommodation for 2 weeks:
100 Euro in students homes;
400 Euro in youth hostel/backpackers
Meals per day: 15 – 20 Euro

Transport: up to 150 Euro + cost to/from Zu-

rich Airport by train 15 Euro

#### **Housing / Location**

Student's home or youth hostel/backpackers, organized by ZHAW.

Winterthur is a very pretty, small town 20 km from Zurich. The cities of Zurich, Berne and Lucerne as well as the Swiss mountains with its Skiing resorts are easily reachable by public transport.

#### Requirements for attending clinical visits

Mandatory vaccinations: Tetanus, Polio, Hepatitis B updated

Health Insurance: "European Health Insurance Card" for EU-Country members; adequate Health insurance for non-EU-Country members compulsory. Liability insurance for all students recommended.

#### **Outgoings from ZHAW**

#### **Exchange destinations**

Artesis lantijn, Antwerp (B); KDG, Antwerp (B); Namur (B); Plovdiv (BG); Zealand (DK); Silkeborg (DK); Vejle (DK); Madrid (E); Tarragona (E); Vitoria (E); Reggio Emilia (I); Bitola (MK); Leiden (NL); Bucharest (RO); Pitesti (RO); Örebro (S); Visan, Belgrade (SRB); Cuprija (SRB); Milutin, Belgrade (SRB); Leeds (UK); Northampton (UK)

#### **Registration Deadline 2015**

Please register by **30 October 2014** at the latest

Incoming to ZHAW: via your home institution Coordinator ENM/International Relations Outgoing from ZHAW: via institute's Coordinator International Relations Susan Schärli

#### Contact

For more information contact the institute's Coordinator International Relations, susan.schaerli@zhaw.ch

### **School of Health Professions**

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#### **Venue**

ZHAW, Departement Gesundheit, Technikumstrasse 71, 8401 Winterthur

